

## **PLAYER CODE OF CONDUCT**

**PURPOSE:** CMLA requires all members and players to behave with integrity and courtesy in order to maintain a sportsmanlike and educational atmosphere before, during and after all CMLA sanctioned events. CMLA codes of conduct outline the expectations for coaches, players, parents and on-ice officials. The CMLA board, and subsequent committees, may discipline anyone who contravenes the codes of conduct.

### **PROCESS:**

## **PLAYERS CODE**

1. Play for the fun of it, not just to please your parents or the coach.
2. Respect your coach, your teammates and your opponents.
3. Play by the rules.
4. Never argue with the officials' decisions. Let your team captain or coach ask any necessary questions.
5. Control your temper – no mouthing off, breaking sticks or throwing equipment.
6. Work equally hard for yourself and your team – your team's performance will benefit and so will yours.
7. Be a good sport. Cheer for all good plays, whether your team or your opponents.
8. Treat all players as you, yourself, would like to be treated. Don't interfere with, bully or take unfair advantages of any player.
9. Remember that the goals of the game are to have fun, improve your skills and feel good. Don't be a show-off or always try to get the most points or penalties.
10. Cooperate with your coach, teammates, and opponents, for without them you don't have a game.

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Player Name

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Player Signature

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Date